

The City of Humble Office of Emergency Management will be hosting C.E.R.T. training beginning September 17th and ending in November 5th. Classes will be each Tuesday evening from 6:30 p.m. to 9:30 p.m. at the "Phillip Cezeaux Recreation Center" 100 North Houston Avenue, Humble, next to the City Pool. This is easy access and parking for everyone. Pre-registration is required due to space!

There is no age ceiling; we have had volunteers of all ages take the training. You must be at least 17 to participate in the Humble CERT training. Ages 17 to 15 are required to take the TEEN-CERT training, taught in most local High Schools.

All classes are FREE and the course will run for 8 weeks. Training will cover the following areas:

- 1. Disaster Preparedness; all types of events.
- 2. Fire Suppression: in this class you will be taught how to use fire extinguishers and actually get to put out fires!
- 3. Medical part I: treat burns, broken bones, shock and other medical issues.
- 4. Medical part II: triage patients and other valuable information.
- 5. Light Search and Rescue: search for victims; search rooms etc.
- 6. Disaster Psychology: you will learn many skills in this class on how to speak with people who have gone thru a tragedy.
- 7. Terrorism Awareness: what to watch and look for in a terrorist event.
- 8. The last week with be a simulation drill in which you will be practicing every thing you have learned over the past seven weeks and graduation!

Our Humble Area CERT group consists of members from Humble, Atascocita, Houston, Huffman, Crosby, New Caney, Porter, Cleveland, Kingwood and LaPorte.

The only cost is your time; everything is paid for by Harris County Citizen Corps. CERT is a Federal program.

You will receive a back pack full of emergency supplies; vest; I.D. badge; Certificate, and book containing the courses, so you may review.

You will then be a part of a large group of people in Harris County and have many areas you will be qualified to volunteer in. Even if you never volunteer with the County or our Homeland Security Office of Emergency Management in Humble, the information you take away from this course is so valuable.

Once you have graduated the eight week course, I will send you a list of all our 600 plus members and you can see who is certified in your area. We do continuing training throughout the year, with all of our members, so everyone will get to know each other and will remain up to date on all the training! You don't want to wait to meet your fellow CERT members during an emergency, it is best to know each other before!

We do our CERT training through our Office of Emergency Management and you will receive updated information throughout the months and weeks on hurricanes and other events. We keep our members informed. All notices are emailed.

We have a Facebook account if you would like to join us. It is under Humble CERT!

We do our training above and beyond the power point presentations with a lot of "hands on training." You can't always predict, but you can prepare! C.E.R.T. training is like having insurance, you hope you will never need it, but if the occasion arises, having the C.E.R.T. training means you are as ready as you can be to help yourself, your family, neighbors and community.

If you have any questions please do not hesitate to call or email me anytime.

Sincerely,

Carole Chambers Humble Fire Department/Fire Marshal Division/ Emergency Management 281.446.4928 office 281.446.3960 fax <u>cchambers@humblepolice.com</u>

You cannot always predict, but you can prepare! - Carole Chambers

What is CERT?

CERT stands for Community Emergency Response Team. CERT is about readiness, people helping people, rescuer safety, and the CERT mantra: Do the greatest good for the greatest number. CERT is a positive and realistic approach to emergency situations where citizens initially will be on their own and their actions can make a difference. Citizens can be trained to manage utilities and put out small fires; treat the three killers by opening airways, controlling bleeding, and treating for shock; provide basic medical aid; search for and rescue victims safely; and organize themselves and spontaneous volunteers to be effective.

Emergency responders are quickly over whelmed during an emergency. CERT will train the average citizen to take care of themselves, families and neighbors until help can arrive.

To register send via email your **home address, subdivision name and phone numbers,** to <u>cchambers@humblepolice.com</u>. Our class fills up quickly so if you are interested register now.